

REGISTRATION

Cost: \$115 before October 31

\$125 after November 1

6 CEUs approved by the Association for Play Therapy, the Georgia Society for Clinical Social Work, the LPCA of Georgia, and Georgia MFT.

Mail this form and payment to:

Care and Counseling Center of Georgia
1814 Clairmont Road
Decatur, GA 30033

Name

Discipline (LCSW, RPT, LPC, LMFT)

Address

City, State, Zip

Phone

E-mail

Would you like to receive our monthly newsletter and be notified about other CEU opportunities? _____

Contact Monica Dutke, 404.636.1457 ext. 458 or email mdutke@cccgeorgia.org

AGENDA

8:00 Registration begins

8:30–10:00: Presentation by Dr. Rubin

10:00– 10:15: Break

10:15 –12:00: Presentation by Dr. Rubin

1200-1:30: Lunch on your own

1:30-3:00: Presentation by Dr. Rubin

3:00– 3:15: Break

3:15–4:30: Presentation by Dr. Rubin

Main Office:

1814 Clairmont Road
Decatur, GA 30033
(404) 636-1457

Our center is located in a northeastern neighborhood of Atlanta, GA, inside I-285. Take I-85 to exit 91, which is Clairmont Road. If traveling northbound on I-85, turn right on Clairmont Road. If traveling southbound, turn left on Clairmont Road. Travel 2.5 miles, and the center is on the right, just beyond North Druid Hills Road.



LOOK TO THE SKY!

Using Superheroes in
Play Therapy and
Counseling

FRIDAY DECEMBER 2, 2011

DR. LAWRENCE RUBIN

**THE CARE AND COUNSELING
CENTER OF GEORGIA**

Look, Up in the Sky!

In our culture, the superhero is an ubiquitous, unique, and larger-than life figure. Superheroes, by virtue of gift, accident, calling or legacy, possess powers and abilities that allow them to fight evil, protect the innocent and improve society.

Given their endurance, popularity and appeal, it is not surprising that superheroes have found their way into the lives of children, teens, adults, and the play therapist's office. This didactic and experiential workshop will explore various and creative ways in which play therapists and counselors can integrate the rich and multilayered superhero metaphor into their clinical work with children, teens, and adults.

Dr. Rubin will offer ideas on structured applicable exercises which the play therapist can use with clients in the playroom which focus on superheroes.

Using Superheroes in Play

Participants will:

- Examine the importance of fantasy and imagination in development.
- Understand the role of myth and metaphor in play therapy.
- Appreciate the important social and cultural relevance of the hero and Superhero, especially in the context of play therapy.
- Explore the key therapeutic elements of the superhero myth of a wide range of clinical issues with children, teens, and adults and how it applies to play therapy.
- Learn to integrate superheroes into individual and group play therapy and counseling.
- Incorporate issues of gender, race, religion and culture into superhero-focused play therapy and counseling.
- Recognize the dynamic relationship between the play therapist, client and therapeutic relationship through dynamic hands-on and imagery-based play therapy exercises.
- Acknowledge how the many facets of popular culture (television, comics and movies) can enliven the use of superheroes in and outside of the playroom.

Dr. Lawrence Rubin,



Lawrence Rubin is Professor of Counselor Education at St. Thomas University in Miami, Florida, as well a licensed psychologist and mental health counselor who specializes in

working with children, teens and their families.

Dr. Rubin is also a Registered Play Therapist-Supervisor and on the Board of Directors of the Association for Play Therapy. He has contributed to the *Journal of Popular Culture* as well as to the *International Journal of Play Therapy*. Dr. Rubin's books include *Using Superheroes in Counseling and Play Therapy*, *Popular Culture in Counseling, Psychotherapy and Play-based Interventions* and *Diagnosis and Treatment Planning for Mental Health Professionals: A Popular Case-based Approach*.

